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What is Muay Boran Technique? Muay Boran Technique is an introduction to the martial arts. It is a sport that is filled with ancient techniques. This sport is followed by some local people in Thailand in the rural area. It offers action and coordination. Muay Boran means "old boxing" in Thai. It's more than just regular boxing but it includes elements that are related to Shaolin, Laotian, Thai boxing, Muay Thai, and various other martial arts. It's a form of fight with all kinds of empty hands techniques. Muay Boran is a traditional fighting style, based on training methods from ancient Thailand and other regions of the world. It is a sport that is filled with ancient techniques. There are many kinds of Muay Boran. The style that we are offering is Muay Boran style from Thailand. The rules of Muay Boran are also the same with Muay Thai rules. Muay Boran Technique is a traditional martial art that uses Chinese boxing techniques, evolved from ancient warfare. When it comes to fighting, Muay Boran is filled with powerful techniques. The first attack will be a hook kick. If the opponent doesn't block this kick, it will be followed by the second attack which is a roundhouse kick. By blocking the attack, you will be able to hit the opponent with your hand. Muay Boran Technique includes boxing punches and techniques. The technique of Muay Boran focuses on eye and hand techniques. From the 70's, the technique of Muay Boran became very popular. This started to know this technique as a recreation activity. It's about striking, kicking, punching, and dodging attacks. The techniques of Muay Boran include skills such as body strikes, punches, and kicks. It is used by experienced boxers and by people who are not boxing professionals. The techniques include lots of punches and kicks. Because it focuses on accuracy and power,

many people enjoy this technique. Muay Boran is a traditional martial art that uses boxing techniques, evolved from ancient warfare. Muay Boran Technique is a system that consists of varied techniques with a focus on punches and kicks that are delivered with accuracy and power. Muay Boran Technique focuses on the hands, eyes, and feet. Muay Boran is used by experienced boxers and by people who are not boxing professionals. However, Muay Boran techniques also focus on the knees, elbows, and punches. It is used by experienced boxers and by people